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NUTS	
Almonds Spray Free	
Brazil Nuts Organic	
Cashews Organic	+
Hazelnuts Organic	_
Macadamias Large Halves	
Peanuts Dry Roasted	_
Pecan Halves Organic	
Pine Nuts Organic	
Pistachios Raw Organic	
Pistachios Roasted & Salted	
Walnuts Ausralian	
Walnuts Organic	
DRIED FRUITS	
Apricots Organic	
Banana Whole Dried	
Coconut Chips Raw Organic	ļ
Coconut Desiccated Organic	
Cranberries Organic	
Currants Organic	
Dates Medjool Organic	
Dates Pitted Organic	
Figs Organic	
Goji Berries Organic	
Inca Berries Organic	
Mango Cheeks Organic	
Mulberries Organic	
Pineapple Rings Organic	
Prunes Organic	
Sultanas Organic	
FLOURS	
Almond Meal Activated Spray Free	
Almond Meal Natural	
Besan Flour Organic	
Brown Rice Flour Organic	
Buckwheat Flour Organic	
Coconut Flour Organic	
Gluten Free Plain Flour	
Khorasan Flour (Kamut) Organic	
Potato Starch/Flour	
Rye Flour Organic	
Sorghum Flour	
Spelt Flour White Organic	
Spelt Flour Wholemeal Organic	
Tapioca Starch Organic	<u> </u>
White Bakers Flour Organic	
Time Bakers Flour Organie	

Wholemeal Bakers Flour Organic	
SEEDS & GRAINS	
Barely Pearl Organic	
Buckwheat Kernels Organic	
Chia Seeds Black Spray Free	
Hemp Seeds Organic	
Linseeds Brown Organic	
Millet Hulled Organic	
Pepitas Organic	
Poppy Seeds	
Quinoa Tri Coloured Organic	
Quinoa White Organic	
Rye Wholegrain Organic	
Sesame Seeds White Organic	
Spelt Wholegrain Organic	
Sunflower Kernels Organic	
Teff Seed	
Wheat Wholegrain Organic	
CEREALS	
Amaranth Puffed Organic	
Buckwheat Puffed Organic	
Brown Rice Puffed Organic	
Oats Groats Organic	
Oats Rolled Organic	
Quinoa Puffed Organic	
Quinoa Flakes Organic	
PASTA & RICE	
Basmati Rice Brown Organic	
Basmati Rice White Organic	
Black Rice Organic	
Brown Rice Medium Biodynamic	
Couscous Israeli Pearl	
Couscous Organic	
Jasmine Rice Organic	
Red Rice Organic	
White Rice Medium Organic	
Wild Rice Organic	
Brown Rice Penne Organic	
Lentil & Maize Penne Pasta Gluten	
Free Organic	
Spelt Instant Lasagne Pasta Sheets	
Organic	
Spelt Spaghetti Pasta Organic	
Lentil & Maize Fettuccine Pasta	
Gluten Free Organic	
Besan, Buckwheat & Brown Rice	
Spirals Pasta Gluten Free Organic	

LEGUMES & PULSES	
Adzuki Beans	
Black Beluga Lentils Organic	
Black Turtle Beans Organic	
Cannellini Beans Organic	
Chana Dahl Organic	
Chickpeas Organic	
French Lentils Organic	
Laird Lentils Organic	
Moong Dahl Organic	
Mung Beans Organic	
Navy Beans	
Peas Split Green Organic	
Red Kidney Beans Organic	
Red Lentils Split Organic	
Soybeans Organic	
SYRUPS SUGARS SALTS & OILS	
Apple Cider Vinegar Organic	
Coconut Aminos Organic	
Coconut Milk Powder Organic	
Coconut Oil Organic	
Coconut Sugar Organic	
Maple Syrup Organic	
Olive Oil Organic	
Peanut Butter Tubs	
Raw Sugar Organic	
Rapadura Sugar Organic	
Tahini Hulled Organic	
Tamari Organic	
Salt Epsom	
Salt Himalayan Course	
Salt Pink Lake Fine	
CACAO & CHOCOLATES	
Cacao Nibs Organic	
Cacao Powder Organic	
Carob Powder Organic	
Chocolate Covered Almonds	
Chocolate Covered Ginger	
Chocolate Covered Macadamias	
Chocolate Covered Strawberries Freeze	
Dried	
Chocolate Chips Couverture	
SNACKS	
Corn Smokey BBQ	
Japanese Rice Crackers	
Japanese Nice Clackers	

Popping Corn Organic	
Spelt Licorice Organic	
BAKING & OTHER	
Baking Powder	
Bicarbonate Soda	
Kelp Wild Granules Organic	
Nutritional Yeast Flakes	
Maca Powder Organic	
Psyllium Husk Organic	
Protein Powder Pea	
TVP Textured Vegetable Protein	
HERBS & SPICES	
Basil Leaf Organic	
Bay Leaves Organic	
Black Peppercorns Organic	
Chilli Flakes Organic	
Cinnamon Ground Organic	
Cinnamon Sticks	
Cloves Whole Organic	
Coriander Leaf Organic	
Coriander Seed Ground Organic	
Cumin Ground Organic	
Cumin Seed Organic	
Curry Powder Mild Organic	
Garlic Powder Organic Ginger Powder Organic	
Italian Herbs Organic	
Mustard Seed Black Organic	
Nigella Seeds	
Nutmeg Ground Organic	
Onion Powder Organic	
Oregano Leaf Organic	
Paprika Smoked Organic	
Paprika Sweet Organic	
Rosemary Organic	
Thyme Leaf Organic	
Turmeric Ground Organic	
Vanilla Beans Dried	
HOUSEHOLD	
Laundry Liquid Eucalypt Bulk & 5L	
Laundry Liquid Lavender Bulk & 5L	
Dish Liquid Lime Bulk & 5L	
Dish Liquid Tangerine Bulk & 5L	
Dishwasher Powder 2.5kg & Bulk	
Laundry Soaker 1.2kg &Bulk	
BODY	
Hand & Body Wash	

Shampoo	
Conditioner	